

INTERSUBJECTIVE STUDY & SEMINARS 2025.4

FOCUS AREAS

PART 1

Psychology and
Key Psychoanalytic
Theories

PART 2

The Self in Philosophy,
Comparative Religion,
Geo-politics, Geo-economics,
Psycho-history

PART 3

Psychoanalytic
Reflections

& BEYOND PART 3

Advanced Psychoanalytic & Psychodynamic Reflections

WHEN:

July, Aug, Sept & Oct 2025

ALL SESSIONS ARE ONLINE

PART 1 - Friday Evenings

PARTS 2 & 3 - Saturday Evenings

BEYOND PART 3 - Sunday Mornings

A. THE CONTEXT AND OBJECTIVES

Psychoanalytic Psychotherapy is a practice that demands knowledge about the human condition in increasingly complex social contexts. The study of interrelated subjects assists in the diagnosis and makes it meaningful. Unfortunately, the training of psychotherapists remains confined to the traditional curriculum, with little linkage with the rapidly changing dynamics of society. Sukrut has been sensitive to the growing need to curate intersubjective perspectives in the larger relational system in which social phenomena crystallize, and in which experience is continually and mutually shaped. Language is becoming one of interacting subjectivities, reciprocal mutual influence, colliding organizing principles, conjunctions, disjunctions, attunements, and mal-attunements – a vocabulary attempting to capture the endlessly shifting, intersubjective context of intra-personal and intra-social experiences.

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The need, therefore, is for an intersubjective approach that helps us diagnose current beliefs and actions that continue to stem from our civilizational ethos, rooted in our philosophy, our religion, and our political and economic systems – not as products of isolated mechanisms – but as forming at the interface of reciprocally interacting worlds of experience. The constantly changing complexity in which we live today cannot be understood apart from the inter-subjective contexts in which they take form (Stolorow, R. and Atwood, G. 1992. Contexts of Being: The Inter-subjective Foundations of Psychological Life. Hillsdale, NJ: The Analytic Press).

The objectives of these interphase studies, (mandatory for interns undergoing the final two phases of internship) are to create a reflective space for intellectual and professional development to:

1. Develop insights and perspectives for diagnosis of mental health,
2. Enable space for reflections from the practice of psychoanalytic psychotherapy,
3. Enable psychodynamic diagnosis of business and organization, in teaching and consulting.

B. THE CURRICULUM

Registered participants will receive a timetable of the Part for which she/he has enrolled. They will also receive a set of reading materials, either after or before the session.

C. THE FEES

Rs 5000 (USD 65 / Euro 65 / GBP 50) per participant for all sessions. Bursaries are available. **Please write to varalakshmi.gn@gmail.com to enroll.**

THE SUKRUT WAY

Sukrut is an institution committed to the promotion of knowledge and practice in psychoanalysis. Incorporated in 2008 to address challenges in mental health, she began to offer an internship in psychoanalysis, supported by intersubjective study and seminars. The training draws on relational psychoanalysis which emphasizes the real-time presentation of internal dynamics within the psychoanalytic relationship, and distinguishes itself by emphasizing the effect of interpersonal relationships on development. Sukrut psychotherapists privilege authenticity. They liberally self-disclose. They loathe separating transference from the actual professional relationship. They conceive transference and countertransference as features of all relationships. Professionals trained in Sukrut comfortably connect with the inner world of feelings to identify the toxicity that builds in the self. In both personal and group relations, as well as in consulting with education, social entrepreneurship, government, and industry, Sukrut helps leaders identify the psychodynamics of systems that inhibit growth and development.